



Trentham Boat Club- Night-time Rowing Policy 2022

Introduction

Night time rowing increases the risk of collision and potential capsizes, therefore all crews should adhere to the following guidance.

General

- Remember poor weather conditions that are acceptable for daylight outings may not be acceptable for a night time outing.
Night time rowing should not be undertaken in bad weather i.e. ice/high wind/low water temperatures.
- The club captains` permission is required for all crews wishing to row at night unless they are accompanied by a coach.
- The lake is fished at night, therefore more care will be required to avoid fishing lines.
- Be aware that canoes may also be on the lake. Canoes should be equipped with lights - white bow, red stern.
- Use the external lights on the boat house.
- Before removing a boat from the boat house, check that the hard standing, landing stage and route to the lake are clear.

Boat Visibility

- When fixing lights to the boat, ensure that they will be visible when on the water.

White light at the **bow**.

Red light at the **stern**.

- Reflective clothing – the cox and bow should wear high visibility vests.

NOTE: This document is for Trentham Lake only. If rowing at other venues, follow local procedures.