

TRENTHAM BOAT CLUB

REGATTA SAFETY PLAN (INCLUDING COURSE MAP & LOCAL RULES)

1 DECISION MAKING FOR CANCELATION OF THE EVENT

Although the event takes place in June, there could be the possibility of strong winds that may at least affect some categories. Also Trentham lake is prone to a build up of algae, which for health & safety reasons prevent people using the lake.

a) SYSTEM FOR DECISION MAKING – The decision as to the suitability of the lake for regatta racing will be taken jointly by:

- i The regatta Secretary
- ii The regatta Umpires
- iii The regatta safety advisor
- iv Trentham Estates Management.

They will take into account the weather during the week leading up to the regatta: The weather forecast from the local Meteorological Office: Any signs of algae on the water. The decision will be taken no later than 18.00hrs on the evening prior to the regatta.

b) COMMUNICATION OF REGATTA CANCELLATION – Competing clubs will be contacted by telephone and or e-mail as soon as the decision to cancel has been made.

2 RULES APPLYING TO THIS EVENT

- a) The event is run under ARA Rules and Rules of Racing.
- b) Local rules are written up as information for Crews & Coxwains and given to every crew.

3 COMMUNICATIONS

- a) Mobile Radios – Communication between regatta control, co-ordinating umpires launch umpires marshals, start & finish is by specifically tuned radios. Up to 6 radios are available to cover the event and their positions are as shown on the safety plan map.
- b) Public address system – The public address system is located to give coverage around the finish and boat park(?) areas besides inside the refreshments area(?). The system provides:
 - i Information to crews from control when they are required to boat.
 - ii General information to competitors.
 - iii Information to both competitors and supporters in case of emergency.
 - iv Commentary of the racing

- c) TELEPHONES – There are a number of telephones available for use in case of emergency:
 - i In the café near to the new boat house
 - ii Café at the site of the old boat house
 - iii Restaurant across the foot bridge to the lake

- d) Other telephone numbers:-
 - i EMERGENCY – 999
 - ii Ambulance Headquarters
 - iii Fire brigade Headquarters.....
 - iv Police Headquarters (Stafford) 033123 4455.

4 MEDICAL & FIRST AID

- a) MEDICAL OFFICER – A medical officer will be in attendance and can be contacted through regatta control.

- c) FIRST AID COVER – First aid cover will be provided and can be contacted through regatta control
- d) HOSPITAL – All accidents & emergencies are to be taken to North Staffs Hospital.

5 EMERGENCY ACTION PLANS

- a) ACCIDENTS ON THE WATER – In the event of competitors being injured, capsizing or becoming ill whilst rowing, the following assistance can be given.
 - i Each umpire, start marshal, starter and finish judge will be issued with a 20 metre throw bag and advised on local rescue procedures
 - ii A stand-by launch will be moored between the 2 islands and summoned through race control if required. The nearest umpire will be the person responsible for summoning both medical and emergency cover depending upon the situation.

- b) ACCIDENTS ON LAND – Competitors and supporters not only congregate around the finish area, but walk and run along the bank of the lake. As the area is covered by radio and contact through umpires etc, help can be summoned through the co-ordinating umpire.

6) SUSPENSION OF RACING

- a) Although the course will be inspected for obstructions etc prior to the start of the event, racing will be suspended at any time if it is deemed necessary for safety reasons
- b) In the event of suspension of racing because of thunder & lightening, appropriate instructions will be given over the public address system to all competitors and members of the public.

CONTROL OF BOATS BOATING LANDING AND PROCEEDING TO THE START

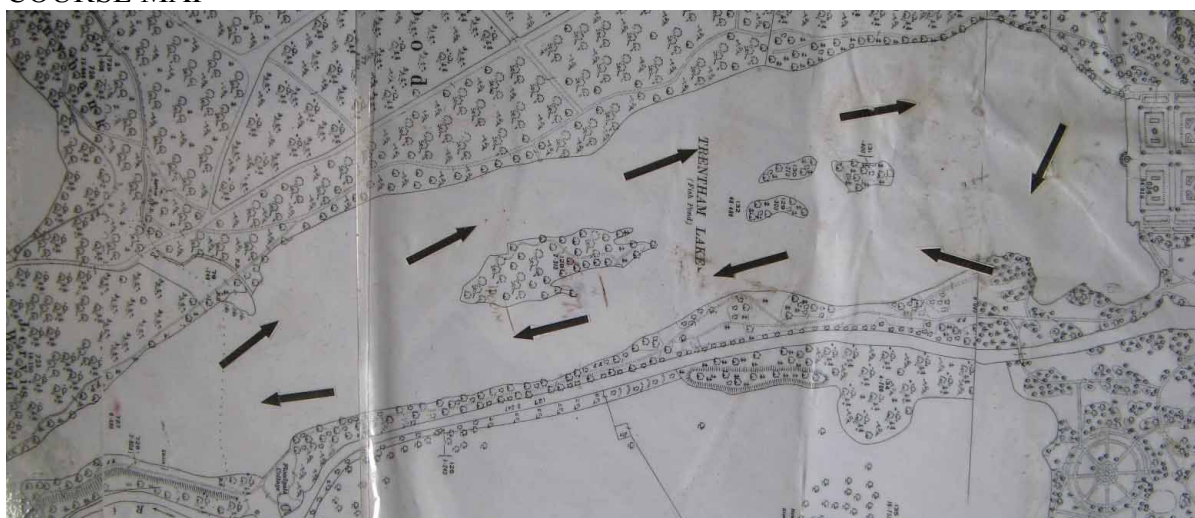
It is important to have complete control of all boats if a safe racing environment is to be attained. This is achieved through the following system.

- i Boating & landing stages are controlled by stage marshals who work closely with regatta control & umpires
- ii Regatta control calls for boats
- iii Crews are only allowed to boat if their opponents are also at the boating stag
- iv Crews proceed to the start on the forest side of the lake & under directions of the umpire
- v The umpires are warned before each race starts to clear the course
- vi A start marshal is used to watch over the marshalling area for safety and bring opponents together for the starter
- vii Landing stage marshals direct and help crews who have just raced & ensure that the landing stage is not used for boating

8) CLUBS' & COMPETITORS RESPONSIBILITIES

- a) EQUIPMENT – All clubs should ensure that the equipment being used by its members is safe. This is not only for events, but for all times for training and recreation
- b) ABILITY TO SWIM – Clubs must ensure that their members are able to swim at least 50 metres clothed as part of its election procedure
- c) CAPSIZE PROCEDURE – Clubs should ensure that their rowing members are trained in capsize drill and that, in the event of capsize, they should hold on to their boat and wait for assistance. If safe to do so, crews should attempt to reach the bank with their boat.
- d) RULES OF RACING & LOCAL RULES – All competitors must make themselves aware of the ARA rules, Rules of Racing and the information for Crews and Coxswains issued by the Regatta.

COURSE MAP



LOCAL RULES & INFORMATION FOR CREWS & COXWAINS

Trentham Boat Club hope that you have an enjoyable day's racing and ask you help us in ensuring that ALL crews & scullers are aware of our basic safety organisation and local rules, copies of which will be displayed on the notice board by regatta control.

Trentham Regatta is organised by members of Trentham Boat Club to promote participation and fair competition in the sport of rowing. The event is managed by a local regatta committee and the racing is supervised by a team of national umpires through a co-ordinating umpire. A race committee of at least 3 umpires including the co-ordinating umpire is responsible for the application of rules with respect to racing. The regatta is run under the ARA rules and Rules of Racing with supplementary local rules to enable smooth running and fair management of the event.

- Junior crews under the age of 16 will be deemed to be the responsibility of their coach or teacher-in-charge. Any matters arising that may affect them, other than during racing on the course, will be directed at the responsible person.
- Crews must be able to produce all their ARA Membership cards/racing licence, with photograph, to confirm their points and or age as appropriate.
- Crews will receive their racing number when payment is made.
- Only one race number must be worn by bow/sculler. Crews will not be started unless the correct race number is worn.
- Each crew will be numbered as in the programme, the first named crew taking the river Trent/umpire side, lowest number takes the island side.
- All coxswains must report to Regatta Control for weighing prior to racing, where a certificate will be issued indicating weight and any dead weight required.
- Crews are asked to ensure that that they report with their opponents ready to boat 20 minutes before the scheduled race time.
- The Control Commission will be checking crews for correct racing strip, coxswains wearing life jackets, security of heel restraints, bow-balls, rudder lines and general boat security including buoyancy and the coxswain's weight/dead weight certificate.
- Crews must proceed to the start on the wooded side of the lake ie behind the islands and follow the umpire's instructions when a race is in progress. Any crew impeding a race will be liable to disqualification.
- Please make special note of the boat holding area, where adjustments should be made rather than the landing stage.
- Umpires will use the terms Port & Starboard when they are warning crews who are out of their station.
- All endeavours will be made to cater for doubling. However, crews entered for more than one event are not entitled to claim a rest between races in different events.
- Any disputes/enquiries with regard to umpire decisions, should be made directly to the Chairman of the Race Committee through Race Control.